

**PLEASE REVIEW THIS AS YOU WILL BE ASKED TO SIGN AN
ELECTRONIC COPY AT THE TIME OF YOUR VISIT.**

OB/GYN Associates of Ithaca
PRENATAL CONTRACT

We would like to welcome you as an obstetrical patient. The following information will help to clarify our office fees.

PRENATAL FEE BREAKDOWN:

1. Our fee for obstetrical care and normal delivery starts at \$5,500.00. If a C-section is necessary, our fee begins at \$5800.00 plus an assistant surgeon, \$900.00. This fee is billed at the time of delivery.

Obstetrical care includes:

- *Approximately 13 visits as follows: Monthly visits up to 28 weeks, bi-weekly visits from 28-36 weeks, weekly visits until delivery
- *Admission history
- *Admission to the hospital
- *Management of an uncomplicated labor
- *Delivery
- *Office visits following delivery:
 - Incision check (after C-section)
 - 4-6 week postpartum visit

At each visit:

- *Weight/blood pressure
- *Fetal heart tones
- *Routine chemical urinalysis (protein/glucose)

2. **EXTRA CHARGES** or procedures commonly associated with OB care include, but are not limited to:

- | | |
|--------------------------------|---|
| *Ultrasound | \$230.00 to \$550.00 depending on the type of exam |
| *Non-stress test | \$250.00 |
| *Biophysical profile (w/o NST) | \$330.00 |
| *Biophysical profile (w/ NST) | \$475.00 |
| *Pap smears/GC/CL | No charge from OB-GYN, billed from outside testing lab. |
| *Labs | We charge for the collection and handling of your blood work in order to send it to an outside lab. |

Lab work is sent to Cayuga Medical Center, Quest diagnostics, Counsyl Labs, and/or Integrated/LabCorp (for genetic testing).

The testing lab will bill you separately, and it is **your responsibility** to check with your insurance regarding their participation status with these testing labs. Any questions regarding your bill with the testing lab must be addressed with them directly.

- *Sick visits
- *Observation by our Doctors/Midwives on the Labor and Delivery floor at CMC
- *Referrals to perinatology center or other specialist during your pregnancy. This will be billed by the doctor you see at the other practice

TERMS: Co-pays will apply to an EXTRA CHARGE listed above and are to be Paid at the time of your visit. EXTRA CHARGES will be submitted to your insurance company as they are incurred.

Our billing department will be glad to speak with you at (607)266-7800. You may also fax us at (607)216-0093, e-mail us at kmcfadden@ithacaobgyn.com, or send us a message via your patient portal once you have activated it. We will be glad to set up a payment plan for you if you wish to do so.

Your office appointments will always be scheduled with one of our providers at OB-GYN Associates. However; it is important to note that providers from both our office and Cayuga Women's Health are on-call at the hospital for deliveries and emergency visits. Due to this cross coverage, there is a chance that your delivery may be handled by the provider from Cayuga Women's Health. If this happens, your insurance will be billed appropriately from each doctor who took part in your care; prenatal, delivery, and postpartum.

At the time of delivery, your doctor/midwives' bill will be submitted to your respective insurance carrier. Your insurance company will be billed for the total cost incurred during the pregnancy. There will be an additional monthly service charge of \$15.00 if your account is not paid in full within 28 days once your insurance company has processed your claim, unless you have set up a payment plan with our billing department. We will be more than happy to assist you with any insurance problems or resubmitting that you may need. However; you must realize that our contract is with you the patient, and not the insurance company. We do send monthly statements to you if you have any chargeable items done.

Leaving our practice:

If a patient leaves our practice before delivery, we bill your insurance company on a per visit basis, and for any additional charges. If you are leaving the country YOU MUST PAY YOUR BILL IN FULL. If we receive payment from your insurance company, we will mail you a refund check. Please be sure to provide the office with a forwarding address.

We at OB-GYN Associates of Ithaca, remain conscious of health care costs to our patients. Due to the undetermined length of stay that you may require during your delivery, PLEASE CHECK WITH YOUR INSURANCE COMPANY REGARDING HOSPITAL PRE-CERTIFICATION. This is your responsibility.

Circumcision:

If your son is circumcised by one of our physicians, the charge will be billed to your insurance carrier. Please call us with your son's name and insurance information as soon as you get home from the hospital. We must have this information in order for correct billing to take place. Be sure to add him to your insurance policy within 30 days of birth. The fee for circumcision is \$600.00.

ANY QUESTIONS?

Please contact our billing department at (607)266-7800, by fax at (607)216-0093, by e-mail at kmcfadden@ithacaobgyn.com, or via your patient portal once you have activated it.

****Prices are subject to change. Listed price is not a guarantee of the amount that you will be billed.****

Screening Tests

Testing is offered to all pregnant women. All testing is voluntary. You may choose to do no testing.

Sequential Screen is a noninvasive testing performed in 2 parts. Part 1 can be done between 11-14 weeks of pregnancy (12 weeks is best). An ultrasound scan is performed to measure the amount of fluid at the back of the baby's neck (nuchal translucency or NT) and a maternal blood sample is drawn. Results of Part 1 are usually available within 7-10 days but will only be reported to you if abnormal.

Part 2 is second maternal blood sample done between 15-20 weeks of pregnancy (16-18 weeks best). Results are usually available after 7-10 days. The combination of the NT sono and 2 blood tests will detect about 90% of babies with Down syndrome and Trisomy 18 and about 80% of babies with open neural tube defects (ONTD). The false positive rate is 4%.

If we are unable to obtain a NT measurement, you will be offered **Serum Integrated Screen (SIS)**. SIS is a noninvasive test which consists of 2 maternal blood tests; the first is done between 10-14 weeks and the second between 15-20 weeks (16-18 weeks best). There is one result only, which is usually available 7-10 days after the second blood sample. SIS will detect about 87% of babies with Down syndrome and Trisomy 18 and 80% of babies with ONTD. The false positive rate is 5%.

If you begin care after 14 weeks, you will be offered **Quad Screening, also known as AFP4 Screening**. Quad screening consists of 1 maternal blood sample drawn between 15-20 weeks of pregnancy (16-18 weeks is best). Results are available between 7-10 days. This test will pick up 80% of babies with Down syndrome and Trisomy 18 and 80% of babies with ONTD. The false positive rate is 5%.

If any of the above tests are abnormal, (including Part 1 of Sequential Screen), you will be offered the option of diagnostic testing such as amniocentesis or CVS (Chorionic Villus Sampling). In some cases, it may also be appropriate to opt for further screening such as NIPT (non-invasive prenatal testing) or a detailed (level 2) ultrasound.

If you have had normal CVS or NIPT, you will also have **Maternal Serum AFP Screening (MSAFP)**. This is to screen for ONTD which CVS and NIPT do not test for. MSAFP consists of 1 blood test done between 15-20 weeks of pregnancy (16-18 weeks best).

Remember, if you do any of the above screening tests and you get a positive result, it does not mean that there is anything wrong with your baby. All of the tests have a false positive rate.

Diagnostic Testing

You will be offered diagnostic testing if any one of the following is true:

- You are age 35 or over or will turn 35 during this pregnancy
- You have a personal or family history of certain diseases
- You have an abnormal screening test

Most insurance companies will cover these tests if you fall into one of the above categories. Diagnostic testing is voluntary. You may choose to do a screening test or no testing at all.

Amniocentesis will detect chromosomal disorders such as Down syndrome, Trisomy 18 and Trisomy 13. It can determine the presence of ONTD, such as spina bifida and hydrocephalus. It can also be used to test for other genetic diseases such as cystic fibrosis, sickle cell disease or Tay Sachs disease if your baby is at increase risk of these.

Amniocentesis is done between 15-20 weeks (16-18 weeks best). Using ultrasound, the doctor puts a thin needle in to the uterus and collects a small sample of amniotic fluid (the fluid the baby is in). This fluid and the baby's skins cells which it contains are analyzed. Results take approximately 10 days.

Amniocentesis is an invasive procedure so it has a small (1in200) risk of miscarriage or infection, which could result in the loss of your baby.

Chorionic Villus Sampling (CVS), like amniocentesis, will detect chromosomal disorders and certain genetic diseases. It does not detect ONTD, so if you opt for CVS, you will also need to have a blood test at 16-18 weeks called MSAFP.

CVS is done earlier than amniocentesis, usually between 12-14 weeks. The chorionic villi are fetal tissue present early in pregnancy which will become the placenta. Under ultrasound, a tiny piece of this tissue is collected, either by inserting a thin needle through the abdomen (similar to amniocentesis) or by inserting a thin tube through the cervix (via the vagina). This tissue is then analyzed for chromosomal abnormalities or genetic diseases as indicated.

CVS is an invasive procedure so it carries a risk of miscarriage (1in100) or infection.

CVS is not done in Ithaca, Currently it is being offered in Syracuse, Rochester or Elmira. Our office will assist in scheduling and referral.

Both amniocentesis and CVS may not be successful if not enough sample is collected, if the cells fail to grow, or if the sample is contaminated by maternal cells.

Non Invasive Prenatal Testing (NIPT) is a screening test that detects greater than 99% of pregnancies with Down syndrome, greater than 98% of pregnancies with Trisomy 18 and about 65% of pregnancies with Trisomy 13. It will also detect abnormalities of the fetal sex chromosomes such as Turner syndrome. It will also tell the sex of your baby, if you choose to know. False positive rate is 1% (0.2% for Down syndrome).

It does not detect ONTD, so MSAFP will also be needed to be performed.

NIPT consists of 1 maternal blood sample done after 10 weeks of pregnancy; the test measures the relative amount of free fetal DNA in the mother's blood. Results are available within 2 weeks after blood is drawn. It is a non invasive test; therefore, it has no risk of miscarriage.

The test is sometimes not successful when not enough free fetal DNA is detected. In this case, you can opt for repeat sample, invasive testing (amniocentesis) or screening test (depending on gestational age).

If NIPT indicates an abnormality, confirmatory testing such as amniocentesis is recommended.